



2024



PROGRAM GUIDE

ASEAN Youth Economic Forum

2024

4-5 April 2024



GENERAL INFORMATION

STUDY GUIDE

Fostering Food Security and Economic Development Through
the **ASEAN-Japan Collaboration**

  Vientiane Capital, Lao PDR



DELEGATE HANDBOOK



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Remarks from AMEICC, Japan



FUJIOKA Ryosuke

Chief Representative of
AMEICC Secretariat

On behalf of the AMEICC Secretariat, it is my great honor to address you all at the ASEAN Youth Economic Forum 2024. As you are aware, last year marked the 50th anniversary of ASEAN-Japan Friendship and Cooperation.

"The ASEAN-Japan Economic Co-Creation Vision", which entails ASEAN and Japan co-creating solutions to social issues, was announced, and the AMEICC Secretariat aims to support and embody this co-creation.

This forum offers rich content, including practical site visits in addition to lectures and debates by experts and government officials.

Interaction among the younger generation is essential to building the ASEAN-Japan partnership needed for the next era. Through this forum, we aim to foster deep bonds among the delegates and nurture human resources who will lead the future of ASEAN-Japan cooperation especially in the field of food security.

I hope that everyone will engage in frank discussions, make new discoveries, generate new ideas, promote understanding through the exchange of opinions, and cultivate lifelong friendships to enrich your future.



Remarks from ASEAN Youth Organization



Senjaya Mulia

Founder of ASEAN Youth Organization

It's my pleasure to extend a warm welcome to the ASEAN Youth Economic Forum 2024! Here, at the intersection of innovation and collaboration, we embark on a transformative journey to shape the future of our region.

In the dynamic landscape of ASEAN-Japan partnership, your participation holds immense significance. Together, we are architects of tomorrow, shaping the contours of economic resilience and sustainable development.

Our focus on food security and agritech underscores their pivotal role in our socio-economic fabric. Harnessing agritech's power, we fortify food security, ensuring access to nutritious sustenance for all. As catalysts of change, youth wield influence in driving these initiatives, inspiring transformational leadership.

Through engaging dialogues and interactive sessions, let's co-create actionable strategies that transcend boundaries and uplift communities. Together, we'll propel our region towards sustainable growth and prosperity.

Thank you for your commitment to this cause. Let's embark on this exhilarating journey of discovery and collaboration.



Remarks from ASEAN Youth Organization



Juneliza Chiara Pandela

Assistant Project Director of
AYEF 2024

As we commence to take part at the ASEAN Youth Economic Forum, a platform that provides an exceptional potential for the delegates and participants to delve deeply into the concepts and intersection of sustainable agriculture and food security, let us unify in our determination to discuss and tackle the imminent issues facing by the ASEAN Region.

Food security is a paramount concern requiring an immediate attention and collaborative endeavors. Moreover, one component of achieving food security is through sustainable agriculture. It is important to ensure good agricultural practices that safeguards the environment while promoting the welfare of key stakeholders and improving the economic viability.

Along with our collaboration with our partners and experts from Japan, and our eminent speakers, we intend to deepen the awareness and understanding of our delegates' pivotal role in addressing the concerns related to food security.

Being a part of AYEF 2024 will allow the delegates to contribute to the initiatives from the ASEAN-Japan partnership. By working together, we aspire to improve cooperation between different stakeholders, such as the government and private sectors, international development organizations, and civil society groups operating within the ASEAN region and Japan. I sincerely wish all the participants the very best on their journey to become the catalyst of change in our society.



About ASEAN Youth Organization

ASEAN Youth Organization (AYO) is an international non-partisan, non-profit and non-governmental organization established in 2015 to promote international understanding and goodwill parallel to the ASEAN Motto and constitutes one vision, one identity and one community. Our vision is to create a world where youths exhibit a heightened interest in ASEAN through our activities that Empower Youth, Engage communities to instill and implement ideas that enable Positive Sustainable Change. With an ever-growing network of active personnel, around 50,000 across the globe, ASEAN Youth Organization continues to strive and strengthen youth development and positive social changes.

AYO Focus Program



Youth Empowerment Program

The ASEAN Youth Organization strongly believes in community-based volunteerism, encouraging increased understanding of our region and support of economic and social reform through non-for-profit and youth led initiatives



Social Volunteerism Program

The broad mission of the AYO Youth Empowerment program is to develop and equip youths to be future leaders in Southeast Asia.



Economic Enhancement

ASEAN Youth Organization aims to empower youth from underprivileged backgrounds by allowing them to gain access to skills that are crucial for the global market in the future.

About

AMEICC AND ASEAN JAPAN COOPERATION



The conduct of the ASEAN-Japan Youth Cooperation (AJYC) 2023 program commemorates the 50th Anniversary of ASEAN-Japan friendship and cooperation under the agreed theme of “Golden Friendship, Golden Opportunities”.

Recognizing the importance of youths as catalysts for creating social, economic, and political changes, the AYO aims to contribute towards strengthening and enhancing the relationship between ASEAN and Japan during its 50 years of friendship next year. With the support from the AMEICC (AEM - METI Economic and Industrial Cooperation Committee) the AJYC program attempts to provide young leaders of ASEAN and Japan with the opportunity to directly engage, collaborate, and work hand-in-hand towards strengthening closer ties between the two regions.

In facilitating this opportunity, the AJYC program with the main theme of “Building A More Inclusive Youth Participation in ASEAN-Japan Friendship” hold annual primary activity of the **ASEAN Youth Economic Forum (AYEF)** Program. This program will serve to **promote people-to-people mobility, enhance mutual understanding between young people of ASEAN and Japan, as well as provide the opportunity for a more inclusive youths participation in policymaking processes.**

2024

A stylized graphic of hands in yellow and orange, symbolizing cooperation and partnership. The hands are rendered in a soft, painterly style, with fingers slightly curled as if holding or supporting something. The colors are consistent with the other graphics on the page, transitioning from yellow to orange.

AYO Past Projects

Since 2015, AYO has conducted several training projects for youth development in ASEAN member states. For these trainings, the source fund was based on self-funded and/or community funds.

1.

ASEAN Youth Conference

ASEAN Youth Conference (AYC) is an annual signature event of ASEAN Youth Organization that gathers Youth across the ASEAN and ASEAN's partner countries. AYC seeks to gather around 200 ASEAN youth leaders and change-makers from the region who are keen to create and implement an action program regarding ASEAN pillars. ASEAN Youth Organization recognizes the youth as catalysts for change and development.

2.

AYO Ambassador Program

ASEAN Youth Organization (AYO) Ambassador Program is one of the programs initiated by the ASEAN Youth Organization. AYO Ambassador Program aims to establish an ASEAN-wide network of youths who will serve as the point lead for outreach in a designated region. The point lead will be in charge of publicizing AYO events. Each ambassador has a role that they must complete during their duty as AYO Ambassadors, including implementing several projects related to the Sustainable Development Goals (SDGs), attending training conducted by AYO, and participating in disseminating AYO through several ways such as by introducing AYO in every activity, publishing AYO activities in the social media platforms, etc. To support ambassadors in creating sustainable brand projects, the AYO Youth Empowerment Department facilitates training related to project preparation and project ideation that ambassadors can utilize for project implementation that they will do both during and after the AAP period ends.

3.

ASEAN Youth Digital Forum

ASEAN Youth Digital Forum (AYDF) 2021 is a forum for youths across ASEAN and beyond to learn together of how they can benefit from the current digitalisation process, as well as to share knowledge of how youths should prepare themselves in solving challenges that arise in a digital world. This event aims to help spread knowledge, encourage and prepare young people to be digital talents who understand their role in tackling those above mentioned challenges in a digital age, in order to contribute to the achievement of the single ASEAN Digital Community in the future, particularly through three major sectors, among others education, security, and economy.

ASEAN Youth Economic Forum, 2023

The ASEAN Youth Economic Forum 2023, held in March in Jakarta, Indonesia, served as a pivotal platform for deepening collaboration between ASEAN and Japan on the circular economy. The event brought together young professionals from both regions, fostering dialogue and promoting people-to-people mobility to advance ASEAN's economic growth and cultural development. Over five days, 20 young professionals, policymakers, researchers, and students engaged with local, national, and regional stakeholders, exploring the circular economy's role in regional economic efforts. A primary focus was the formulation of policy recommendations, aimed at enhancing ASEAN-Japan cooperation in this critical domain. Complemented by site visits to grassroots-level initiatives, participants gained firsthand insights into circular economy practices. The forum not only galvanized collaborative efforts but also amplified the involvement of ASEAN and Japanese youth in shaping a sustainable economic future. Its success lies in its ability to unite diverse stakeholders, drive meaningful discussions, and inspire actionable initiatives towards a more inclusive and prosperous ASEAN-Japan relationship.



AYEF 2024 Details

General

Description



AYEF Program

The ASEAN Youth Economic Forum (AYEF) 2024 intends to interact more intensively and effectively engage all the key players in the agricultural value chain such as the government, private firms, and international development organizations. This year ASEAN Youth Organization co-organizing the AYEF with the Mekong Institute, Mekong Institute (MI) deepens regional cooperation and integration through capacity development, dialogue, and advocacy for the acceleration of sustainable socioeconomic development and poverty alleviation in the Greater Mekong Subregion (GMS). Founded and represented by Cambodia, P.R. China, Lao PDR, Myanmar, Thailand, and Vietnam, MI's strategies are aligned with the core tenets of the GMS Cooperation Program Strategic Framework 2030, ASEAN Economic Community, and the 2030 Agenda for Sustainable Development.

The activity will be an excellent platform to go over the prevalent issues relating to food insecurity and sustainable agriculture and identify ways to best equip the youth in addressing it. This will serve as a valuable activity for raising the awareness and involvement of youths in food security that would contribute in addressing the multifaceted challenges in the global food system. With the participation of stakeholders from ASEAN, Japan and the Mekong Institute we have to create a robust forum which makes learning more interactive, fun and impressionable.

2024





Background

Food security is the foundation upon which thriving societies are built, encompassing not only the availability and accessibility of sufficient, nutritious food but also the systems that underpin its production, distribution, and consumption. It exists when all people, at all times, have physical, social, and economic access to sufficient, safe, and nutritious food that meets their dietary needs and food preferences for an active and healthy life. It is not just about the absence of hunger; it is a cornerstone of social and economic development. Adequate nutrition is fundamental for physical and mental well-being, laying the groundwork for a productive and prosperous society.

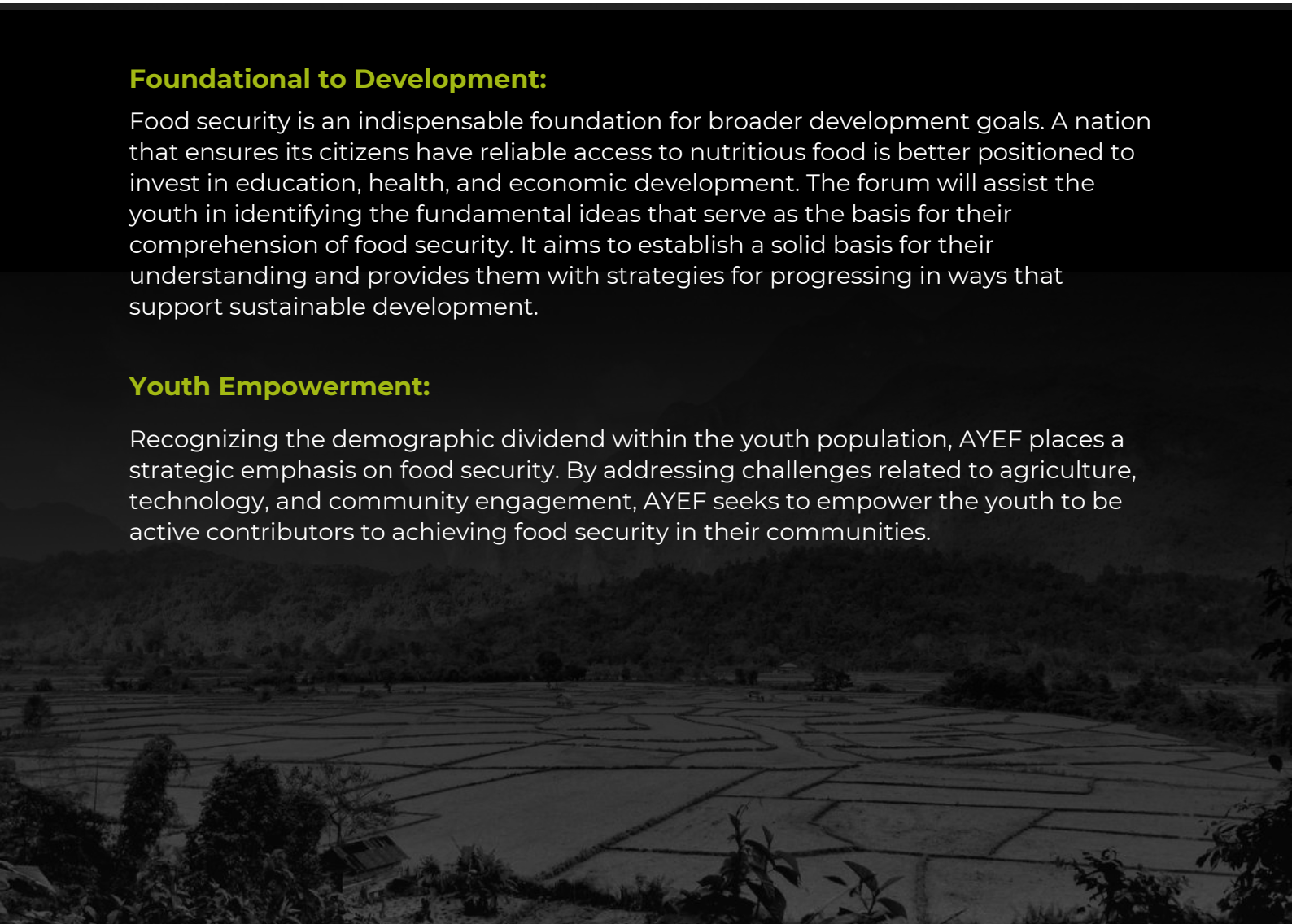
The ASEAN Youth Economic Forum (AYEF) 2024 is shaped by a comprehensive understanding of the challenges and opportunities facing the ASEAN region and Japan. At its core, AYEF recognizes the paramount importance of achieving food security as a linchpin for sustainable development. Thus, the AYEF 2024 will have a theme: “Fostering Food Security and Economic Development Through the ASEAN-Japan Collaboration” which aims to highlight the youth's potential by boosting their knowledge about food security and equipping them to help address the gaps in each of the components.

Foundational to Development:

Food security is an indispensable foundation for broader development goals. A nation that ensures its citizens have reliable access to nutritious food is better positioned to invest in education, health, and economic development. The forum will assist the youth in identifying the fundamental ideas that serve as the basis for their comprehension of food security. It aims to establish a solid basis for their understanding and provides them with strategies for progressing in ways that support sustainable development.

Youth Empowerment:

Recognizing the demographic dividend within the youth population, AYEF places a strategic emphasis on food security. By addressing challenges related to agriculture, technology, and community engagement, AYEF seeks to empower the youth to be active contributors to achieving food security in their communities.



Regional Interdependence:

The interconnectedness of ASEAN nations and Japan highlights the shared responsibility in addressing regional challenges. Collaborative efforts in achieving food security create a robust foundation for mutual understanding and cooperation. Thus, food security is vital for the ASEAN and Japan collaboration:

Economic Growth:



A secure food supply chain is essential for economic stability and growth. It provides a reliable foundation for other industries, including technology, innovation, and trade.

Social Cohesion:



Food security fosters social cohesion by addressing inequalities and ensuring that vulnerable populations, including youth, have access to adequate nutrition.

Environmental Sustainability:



AYEF acknowledges the intricate link between food security and environmental sustainability. Addressing challenges in agriculture and food production aligns with broader environmental goals, promoting sustainable practices.



AYEF aligns its objectives with several United Nations Sustainable Development Goals (SDGs) to create a cohesive and comprehensive impact. The specific SDGs targeted include:



Zero Hunger (SDG 2)

AYEF aims to contribute to ending hunger, achieving food security, improving nutrition, and promoting sustainable agriculture.



Quality Education (SDG 4)

Empowering youth through capacity building and education is integral to achieving sustainable development.



Decent Work and Economic Growth (SDG 8):

Equipping youth with skills and entrepreneurial mindset contributes to fostering sustainable economic growth and decent work opportunities.



Partnerships for the Goals (SDG 17)

AYEF fosters collaboration and partnerships between ASEAN nations and Japan, aligning with the broader objective of global partnership for sustainable development.



Objective

ASEAN Youth Economic Forum 2024 intends to continue the initiatives from the previous ASEAN Youth Economic Forum conducted last March 2023 and the results from the World Circular Economic Forum attended last May 2023. The general objective for this activity is to focus on food security encompassing most of the UN Sustainable Development Goals (UN SDG 1,2,3,8,11,12,13,15,16,17). It has strong connections to the circular economy in reducing and regenerating agricultural waste as components of production inputs, providing a nutritious consumption and maximizing the economic return of available resources through an effective ASEAN-Japan collaboration.

INCREASE AWARENESS AND METHODOLOGIES ON ACHIEVING THE COMPONENTS OF FOOD SECURITY:

AYEF 2024 aims to provide a deeper understanding on the strategy on how all key players can attain the different components of food security - access, availability, utilization and stability. A profound discussion on the roles and responsibilities from the farmer level, to the private firms, government sectors and other stakeholders will be highlighted to develop long-term, effective mechanisms for efficient use of agricultural resources preventing food surplus, increasing the awareness of conscientious food consumption that will promote favorable economic outcomes and food security.

KNOWLEDGE SHARING AND COMMUNITY ENGAGEMENT:

Together with the Japan partners being led by the AIMECC, good agricultural practices and advancement will open the opportunity to the ASEAN youth delegates and participants to have a more stable, sustainable and resilient agribusiness. This will improve their agricultural operations through the learnings and mentoring from the successful agricultural businesses and developmental partner organizations. Knowledge sharing and community engagement will strengthen the supply chain, utilize available resources, maximize opportunities that will lower post-harvest losses, reduce waste, boost nutritious food consumption, and promote climate-resilient farming.

NETWORKING AND STAKEHOLDERS' COLLABORATION:

The AYEF 2024 intends to work more closely with all the key players in the agricultural food system which also includes other concerned industries such as Education, Economics and Finance in the ASEAN and the PACIFIC regions. This will enable each key player to share their best practices, perspectives and initiatives on attaining food security through agribusiness.

EXECUTING INNOVATIVE STRATEGIES:

Upon learning from the different key stakeholders, participants, particularly the young delegates are expected to provide a definite course of action through the development and continuous agribusiness operations that will support safe and innovative food production. Through this, youths will contribute viable solutions that will have an immense effect on the UN Sustainable Development Goals.

Meet the Delegates of AYEAF 2024



**Emmalyn
Tugas**



**Phasawit
Jutatungcharoen**



Suom Miet



Hsu Htoo Nandar Aung



Alex Lew Wen Jie



Hein Si Thu



**Jezreel Larry R.
Caunca**



Krystyn Naya S. Nerona



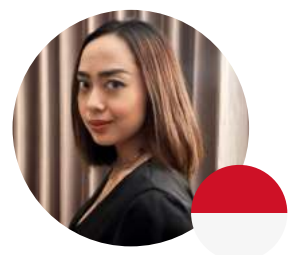
**Muhammad Raka
Hadiyan**



**Muhammad Faris
Daniel Bin Sallehudin**



**Christina Putri
Aroma Ndraha**



Tisa Larasati



Nattaya Sisomdet



Kazuki Sakamoto



Nguyen Mai Trang



**Phimmaly
Thammavong**



Siti Jaafar



Adib Azizan



Daniel Lee Cha Chin



Amra OUM



Sitthideth Abhay



Le Thanh Hao



Truston Yu



**Mochamad Azkal
Azkiya Aziz**



Piyachat Chanla



Pachara Dejpho



**Mohamad Nor Imran
Bin Mat Shah**



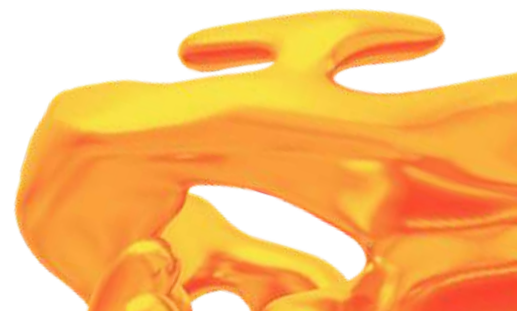
**Raymond Rosete
Andress**



Yusuke Kaga

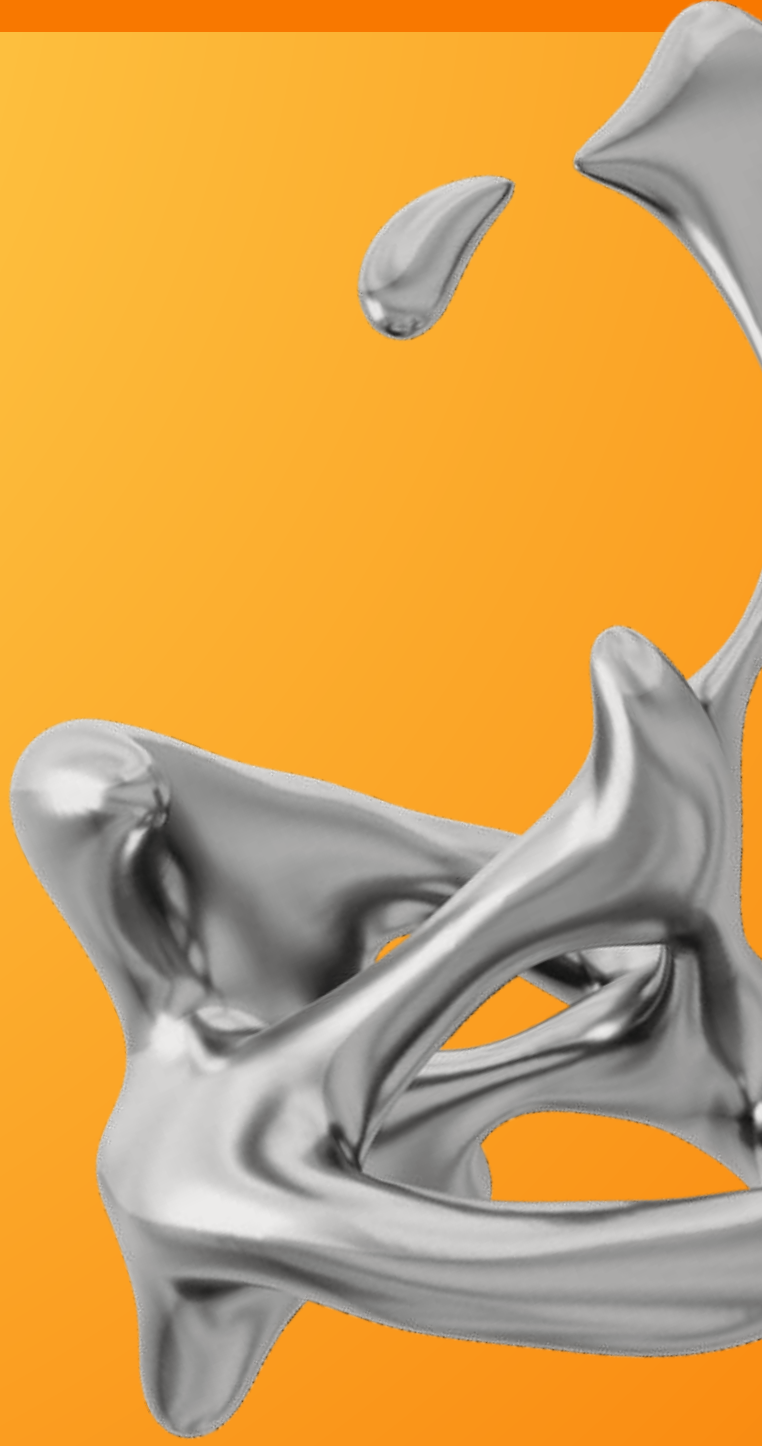


**Youlimone
Dorboungnou**



Venues &
Accomodation

Venues & Accomodation



Venue for accommodation and lodging.

Eastin Hotel

Unit 11, Khaemkong Road Oumoung Village
Sikhottabong District, Laos

The Eastin Hotel Vientiane Laos is open in 2023. Eastin Hotel Vientiane features 94 deluxe rooms, suites, and world-class modern facilities for all guests' comfort. The hotel will include an all-day dining restaurant, a specialty restaurant, an outdoor swimming pool, and a gym.

Mintra Hotel

Rue Nokeokoummane, Mixay village, Chanthabouly district, Vientiane Capital, Laos

Mintra Hotel offers lodging that includes a restaurant, complimentary private parking, and a bar. This four-star hotel provides amenities such as room service, a 24-hour front desk, and complimentary WiFi. The property is smoke-free and is located 800 meters away from Wat Sisaket.

Vientiane is Laos's capital and largest city, a transit point for leisure visitors to other destinations in the country, and a key government and corporate destination. The hotel is located on the banks of the Mekong river and has views across Thailand. It is a short drive from the international airport. The central station in Laos for the new high-speed train from southern China is close to the hotel.

**Delegate's room will be assigned during the registration at Eastin Hotel,*



Crowne Plaza

Public Forum - Day 1

Nongduang Nua Village, 20 Rue Samsenthai,
Vientiane 01000, Laos

Site Visit

Co-Farm, Vientiane - Day 2

Unit 13 Saiynamngern Village, Xaythany District, Laos

**Approximately 1,5 hours journey*



Program & Timeline

AYEF 2024 Program & Timeline

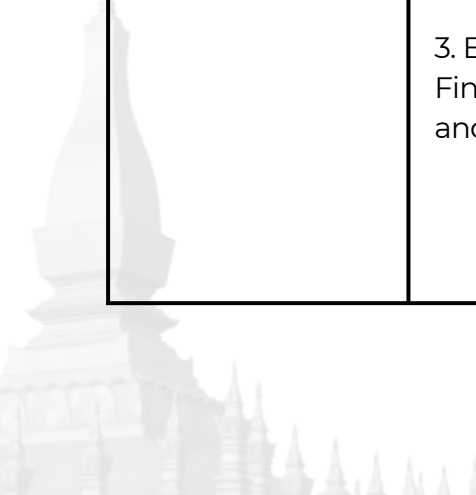


Date & Time	Activity	Speakers
Day 1 : 4 April 2024 Public Forum Open to Public (180 participants)		
8:00am-8:45am	Registration	At Crowne Plaza
8:45am-8:55am	Acknowledgment of participants - ASEAN anthem & AYO anthem	Host
8:55am-9:05am	Opening Performance	
9:05am-09:55am	Opening Remarks by Embassy of Japan in Lao PDR Keynote speech by Ministry of Agriculture and Forestry of Lao PDR Keynote speech by Ministry of Economic, Trade, and Industry of Japan Keynote Speech by ASEAN Secretariat Welcoming Remarks by AMEICC Welcoming Remarks by AYO	H.E. Kenichi Kobayashi Ambassador Extraordinary and Plenipotentiary of Japan to the Lao People's Democratic Republic Mr. Bouachanh Sihavong Deputy Secretary of Youth Union of Ministry of Agriculture and Forestry Mr. Yukio Kamiya Director of ASEAN Bilateral Relations, Trade Policy Bureau, Ministry of Economy, Trade and Industry (METI) Dr. Roger Chao Jr. Asst Director, Youth, Education, and Sport Division of ASEAN Secretariat Mr. Ryosuke Fujioka Chief Representative of AEM - METI Economic and Industrial Cooperation Committee Mr. Senjaya Mulia Founder of ASEAN Youth Organization
09:55am-10:07am	Opening Ceremony & Documentation	All opening session speakers

PUBLIC FORUM

Date & Time	Activity	Speakers
<p>10:00 AM - 11:00 AM</p>	<p>Session 1: Understanding Food Security and building resilience: A perspective on grassroots, policy and collaboration.</p> <p>Speaker 1: Age-Specific Challenges in Food Security.</p> <p>Speaker 2. Innovation in Agriculture and its role in Food security.</p> <p>Speaker 3. Food security, Right to food in the context of SDG2: Lao perspective</p>	<p>This Session will explore the different elements of food security and touch upon the policy outlook related to the core issues of food security.</p> <p>Ms. Kyung-Mee Kim FAO Representative to Lao PDR Food and Agriculture Organization Laos</p> <p>Mr. Hiroyuki Yamaguchi Councillor/ Deputy Director-General Ministry of Agriculture, Forestry and Fisheries of Japan Export and International Affairs Bureau, Ministry of Agriculture, Forestry and Fisheries of Japan</p> <p>Mr. Soubandith Lattanavong, Officer, Department of Treaty and Law, Ministry of Foreign Affairs in Laos</p>

<p>11:05am-12:00nn</p>	<p>Session 2 Diagnosing the Roots: Causes and Effects of Food Insecurity</p> <p>1. The Barriers & Challenges on Regenerative Agriculture for Food Sustainability.</p> <p>2. Unveiling the Root Causes: Understanding the Convergence of Food Security and Sustainable Agriculture.</p> <p>3. Unraveling the Root Causes of Food Insecurity in Agricultural Trade and the Four Pillars of Food Security.</p>	<p>Mr. Phouthasinh Phimmachach, Laos Farmer Network</p> <p>Ms. Sekar Banjaran Aji, Greenpeace Southeast Asia - Indonesia</p> <p>Ms. Le Thanh Hao, Glass Egg - A Virtuos Studio - Vietnam</p>
<p>12:00nn-1:00pm</p>	<p>Lunch & Traditional Music</p>	<p>Host</p>
<p>1:00pm-1:55pm</p>	<p>Session 3 Nurturing Solutions: Agripreneurship, Technology and Innovation</p> <p>1. Case studies of agritech in Laos.</p> <p>2. Building Consumer Awareness and Promoting Sustainable Food Choices.</p> <p>3. Exploring the Intersection of Climate Financing and Sustainable Agriculture and Resilience Value Chains.</p>	<p>Mr. Bounthong Bouahom, Lao Rubber Association</p> <p>Mr. Noto Suoneto, ASEAN Business Advisory Council, Foreign Policy Analyst</p> <p>Mr Venkatachalam Anbumozhi, ERIA (Zoom Live)</p>



<p>1:55pm-2:55pm</p>	<p>Session 4: "ASEAN-Japan Initiatives and Collaborative Pathways"</p> <ol style="list-style-type: none"> 1. Role of Civil Societies and Non-Profits, and Grassroot Initiatives (Opportunities, Concerns, Ways Forward). 2. ASEAN Practices on Sustainable Agriculture and Its Relation to Public-Private-Producer Partnership 3. Access to Financing for Local Farmers. 4. WFP Japan's leading initiative success and their applicability to Mekong Countries. 	<p>Ms Nikka Ignacio, Youth Coordinator, Asian Farmers Association</p> <p>Mr Masaaki UESUGI, CEO of Tromso</p> <p>Mr. Suebsit Sarntisart Director - Global Business Synergy</p> <p>Mr Ryoya TASAI World Food Program</p>
<p>2:55pm-4:05pm</p>	<p>Session 5: Youth-Led Organizations: Showcasing Initiatives & Best Practices for Food Security and Sustainable Agriculture:</p> <ol style="list-style-type: none"> 1. Practice of Sustainable Agriculture 2. Environment and Resource Efficiency 3. Youth Engagement Policy Plan to Address Challenges in Agriculture Sector 4. Empowering ASEAN Farmers via Technology and Carbon Credit 	<p>Mr. Thongdam Phongphicith, SAEDA Laos</p> <p>Mr. Akhteruzzaman Sano, Save the Earth Cambodia</p> <p>Ms. Phimmaly Thammavong, Global Green Growth Institute</p> <p>Mr. Kazuki Sakamoto, Head of ASEAN Business, Sagri</p>
<p>04:05pm-04:30pm</p>	<p>Closing</p>	



Day 2: 5 April 2024 Talk Show, FGD, and Site Visit		
9:00am-9:05am	Opening	Host
9:05am-9:20am	Recap of Day 1 from the delegates	Host AYO
9:30am-11:45am	<ul style="list-style-type: none"> • Talk Show Session with focus on Agriculture with its relations to thematic areas of Youth, Gender, Climate, Tech, and Indigenous People. • Forum Group Discussion • Presentation/pitching Session 	<ul style="list-style-type: none"> • FAO Laos • Tromso • Saelao Project
11:45am-12:45pm	Lunch	
12:45pm-5:00pm	Site Visit & Snacks in Ecotourism Area <ul style="list-style-type: none"> • CoFarm • Training about Sustainable Farming in CoFarm 	Delegates and experts
5:00pm-06:30pm	Break	
07:00pm-09:00pm	Gala Dinner and Awarding Night	

****Day 2 activity is open for Delegates and Invitation ONLY***

Committee &
Volunteers

AYEF 2024 Committee & Volunteers





Project Director

Senjaya Mulia



Assistant Project Director

Juneliza Chiara Pandela



International Cooperation & Program

Abhishek Vats



Finance & Admin

Kevin Thomas Mandela



Partnerships

Thonn Hsu Nwe Thant



Delegates Management

Nadhira Salsabila



Participants Management

Kuncharee Thanaddoenkhao



Logistic & Procurement

Linthone Bouavanheuang



Program

Alouny Senduangdeth



Program

Vanissa Aulia



Program

Shabil Syach Pachlefi



Program

Suthida Chang



Logistics & Procurement

Khamphaiboun Intavanh



MarCom

Fernando Jonathan



Design & Graphics

Luthfiyah Hafizhah

General Rules

AYEF 2024 GENERAL RULES



Housekeeping Rules



A. AYEF 2024 will ensure that each delegate and the committee have a safe space to collaborate and share their opinions and experiences. Through the AYEF 2024 implementation, we will conduct the following do no harm principles :

i. To ensure AYEF is a safe place for everyone to share their thoughts and opinions, we will apply Chatham House Rule. All delegates are welcome to share the takeaways, results of discussions and lessons learned, but the identities and affiliations of the speakers will be kept confidential.

ii. All delegates are obliged to respect each other, including the facilitator, moderator, committee, speakers as well as fellow delegates. Everyone is requested to respect all different all different views and opinions expressed during the session and be mindful of sensitive issues and information about vulnerable groups, national and regional issues related to sensitive topics that might endanger someone's life

iii. All committee, speakers and delegates are invited to be open-minded in listening to different opinions and experiences, use a dialogue approach and respect intercultural and interreligious value;

iv. The committee will apply a no-discrimination policy and will not tolerate any discrimination in written or verbal form and any messages that lead to the spread of hate. Everyone will be restrained from sharing hateful comments, hoaxes or blaming other delegates;

v. Each delegate is highly encouraged to participate actively in the discussions and activities. However, each delegate is requested to be mindful of other delegates and allow everyone an opportunity to share their thoughts.

B. Technical Details

To have the best experience while participating in the ASEAN Youth Economic Forum 2024, we encourage the delegates to observe the following notes :

i. Delegates are expected to attend all AYEF 2024 sessions and participate actively in all sessions. If a delegate cannot attend any session for a justifiable reason (e.g illness), the delegates should inform the committee through Whatsapp and Email.

ii. All official communications regarding the AYEF 2024 will be shared through Email and Whatsapp groups.

iii. Delegates are expected to give consent to the recording of the all sessions. The AYEF 2024 delegates ensure that the recordings will not be shared with external parties and will be used strictly for the AYEF 2024.

iv. Delegates must be present at the venues on the time. Delegates are encouraged to be present 15 minutes before the session starts

2024

AWARDS CATEGORIES



Best Delegate

Best Group
Idea

Best Costume

AYEF 2024 AWARDS

CRITERIA

Best Delegate

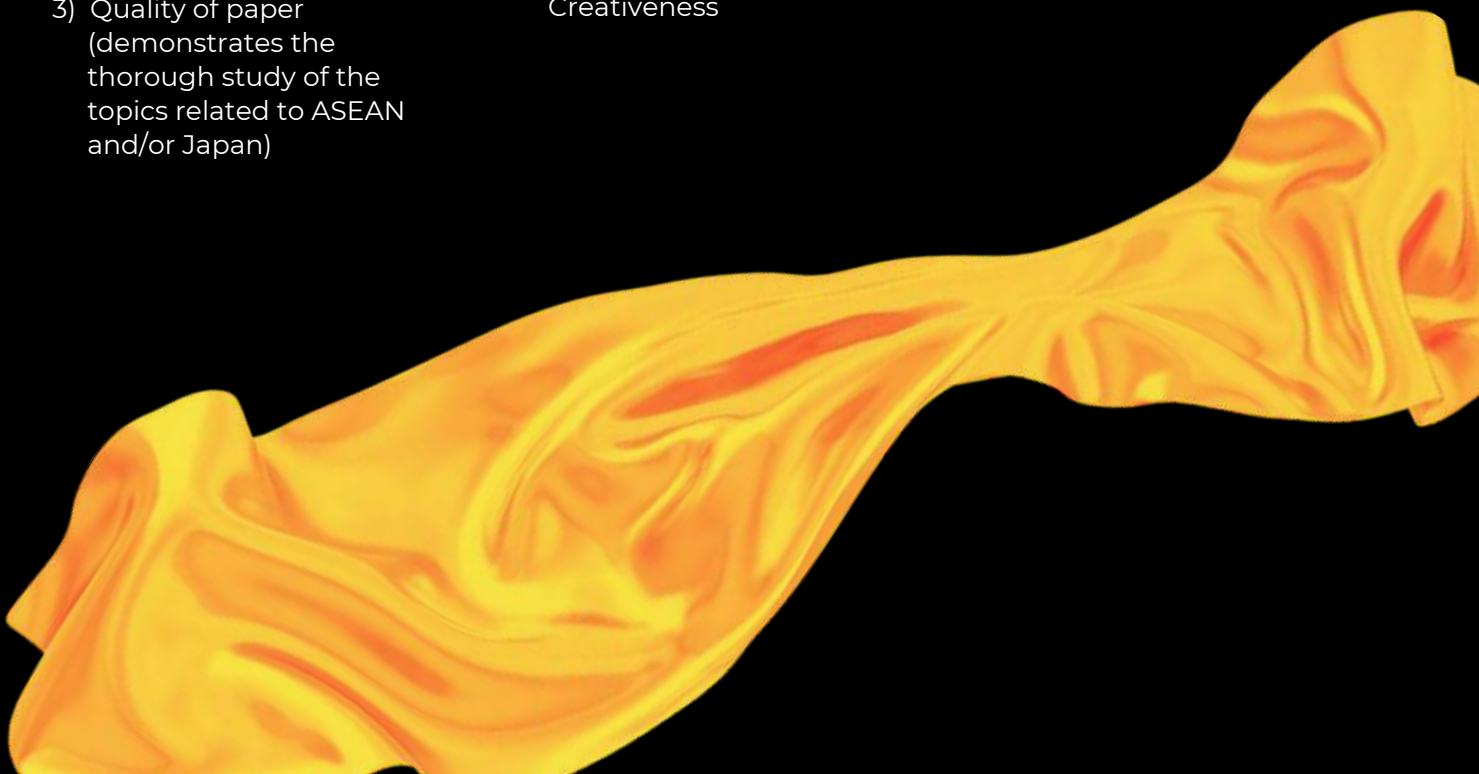
- 1) Active participation in /to the forum and meaningful contributions
- 2) Public speaking and team building
- 3) Quality of paper (demonstrates the thorough study of the topics related to ASEAN and/or Japan)

Best Group Idea

- 1) Individual participation in group
- 2) Fulfilled the pitching standards guide
- 3) Relevancy and Creativeness

Best Costume

- 1) Design
- 2) Appropriateness
- 3) History



Useful Information While Visiting Laos

Transportation

Useful Words &
Sentences

Vegan & Vegetarian
Restaurants Around
the Hotel

Places to Visit



Useful Words & Sentences



	LAO	ENGLISH
1	Sabaidee	Hello
2	Khop chai	Thank you
3	Jao Sabaidee baw?	How are you?
4	Khop chai lai lai	Thank you very much
5	Jao Sabai dee baw?	Are you well?
6	Khop chai, Khoi Sabaidee	I'm fine, thank you
7	Khop chai, Khoi Sabaidee Lai	I'm very well, thank you
8	Ka Lou Na	Please
9	Doi Khouam Yin Dee	You're welcome
10	Loup kouan nae	Excuse me
11	La kon	Goodbye
12	Doi/Jao	Yes
13	Baw	No
14	Khoi Baw Khao Jai	I don't understand (Khoi Khao Jai leo/I understood)
15	Jao wao phasa aungkit dai baw?	Can you speak English?

16	Lā kha thao dai	How much is this?
17	Hong năm yuu sai	Where is the restroom?
18	khoi Sa mard app năm dai baw?	May I take a shower?
19	Nám	Water
20	A han	Food
21	Kai	Chicken
22	Khao	Rice
23	Kafeh	Coffee
24	Beer	Beer
25	Phuk	Vegetables
26	Mark Mai	Fruit
27	Nâm Mark Kiang	Orange juice
28	Khâu jai baw?	Do you understand?
29	Jao wao eik khung dai baw?	Can you repeat that, please?
30	Baw pen yang	It's okay / No problem

Vegan & Vegetarian Restaurants Around the Hotel



Khoua Laos
(Laos Traditional Restaurant)



NUAN



Nazim
(Indian Restaurant)



**The Greenhouse
Vientiane**



Reunion Café



Vegan J y Coffee & Restaurant-ກິນຢ່າງ
ແຊບຊ້ອຍ ອາຫານເພື່ອ
ສຸຂະພາບ



Bacan Cafe Vientiane



**Hangout
Vientiane**

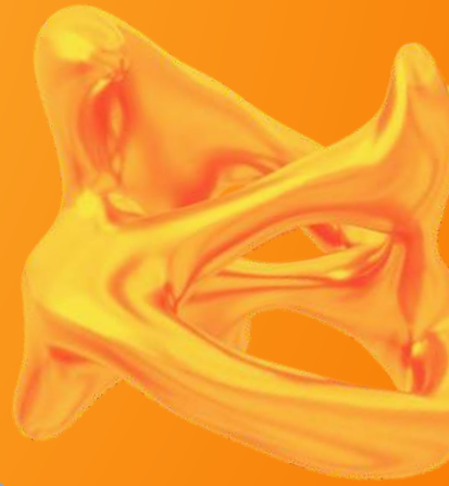


**Vegetarian
Resturant** ຮ້ານອາຫານ
ໄວ



**Baba Restaurant -
Pakistani and
Indian Food**

PLACES TO VISIT IN VIENTIANE & LAOS





1 PA THAT LUANG VIENTIANE (BUDDHIST TEMPLE)

Nestled in the heart of Vientiane, the capital city of Laos, lies the awe-inspiring Pha That Luang, a revered Buddhist stupa that stands as a testament to the nation's spiritual richness and cultural heritage. Radiating with golden splendor, Pha That Luang is not only a magnificent architectural marvel but also a symbol of national pride and identity. Steeped in history, Pha That Luang's origins trace back to the 3rd century, when it was built to enshrine a relic of the Buddha. Over the centuries, it underwent transformations and renovations, culminating in its current grandeur during the reign of King Setthathirath in the 16th century.

Standing proudly amidst the bustling streets of Vientiane, the capital city of Laos, is the iconic landmark of Patuxay, also known as the Victory Monument. This grand structure, with its imposing arches and intricate design, serves as a symbol of the nation's resilience, spirit, and triumph.

Built in the 1960s to commemorate Laos' struggle for independence from foreign colonial powers, Patuxay translates to "Victory Gate" in English. The monument's architecture is reminiscent of the Arc de Triomphe in Paris, yet it carries a distinct Lao flair, blending traditional motifs with modernist influences.



2 PATUXAY - VICTORY (MONUMENT)



3 WAT SI MUANG

Nestled amidst the bustling streets of Vientiane, the capital city of Laos, Wat Si Muang stands as a revered sanctuary of faith and tradition. This ancient temple, steeped in legend and adorned with intricate architectural details, holds a special place in the hearts of locals and visitors alike, offering solace, spiritual guidance, and cultural insight.

Legend has it that Wat Si Muang was built in the 16th century on the site where a young woman named Si Muang sacrificed herself during the construction of the temple's foundation. Her selfless act is believed to have appeased the local spirits and ensured the success of the project, thus earning her a place of honor within the temple grounds.

4

WAT SI SAKET TEMPLE

Nestled in the heart of Vientiane, the capital city of Laos, Wat Sisaket Temple stands as a testament to the country's rich cultural and religious heritage. Renowned for its exquisite architecture, serene ambiance, and vast collection of Buddhist art, this sacred site offers visitors a glimpse into Laos' spiritual soul.

Constructed in 1818 by King Anouvong, Wat Sisaket is one of the oldest and most revered temples in Vientiane. Its design reflects a harmonious blend of Lao and Siamese architectural styles, characterized by its elegant verandas, intricate wood carvings, and gracefully sloping roofs adorned with colorful tiles.

5



6



7



HO PHRAKEO MUSEUM

Nestled within the heart of Vientiane, Laos, the Ho Phra Keo Museum stands as a testament to the nation's rich cultural legacy and artistic heritage. Formerly a revered temple, Ho Phra Keo has been transformed into a museum of profound significance, housing an impressive collection of religious artifacts, sculptures, and historical relics.

Originally constructed in the 16th century by King Setthathirath, Ho Phra Keo was once home to the Emerald Buddha, a revered icon of Lao Buddhism. However, the temple's fate took a tumultuous turn when the Emerald Buddha was seized by Siamese forces and transported to Thailand in the 18th century. Since then, Ho Phra Keo has undergone several transformations, serving various purposes before finally being established as a museum in the 20th century.

COPE Visitor Centre

Nestled in the heart of Vientiane, the COPE Visitor Centre stands as a beacon of compassion and understanding, shedding light on the enduring legacy of unexploded ordnance (UXO) in Laos and the remarkable efforts to support those affected by these remnants of war. Established in 1997, COPE (Cooperative Orthotic and Prosthetic Enterprise) has been instrumental in providing vital assistance to individuals with disabilities, particularly those caused by UXO-related accidents.

The COPE Visitor Centre serves as an educational hub, offering visitors a comprehensive overview of Laos' tragic history with UXO and the ongoing efforts to address its impact on communities across the country. Through interactive exhibits, informative displays, and multimedia presentations, visitors gain a deeper understanding of the devastating consequences of UXO contamination and the challenges faced by survivors and their families.

CHAO ANOUVONG PARK

Nestled along the banks of the majestic Mekong River in Vientiane, Chao Anouvong Park stands as a serene tribute to the esteemed monarch Chao Anouvong, and a cherished recreational space for locals and visitors alike. This sprawling green oasis offers a tranquil escape from the bustling city streets, inviting visitors to unwind, explore, and bask in the natural beauty of Laos' capital.

Named after King Chao Anouvong, who ruled the Kingdom of Vientiane in the 19th century, the park pays homage to his enduring legacy and contributions to Laotian history. With its manicured lawns, lush gardens, and scenic promenades, Chao Anouvong Park offers a picturesque setting for leisurely strolls, picnics, and outdoor activities.



8

WAT ONG TEU



Nestled amidst the bustling streets of Vientiane, Laos, Wat Ong Teu stands as a serene haven of Buddhist spirituality and architectural elegance. This ancient temple, with its rich history and cultural significance, offers visitors a tranquil retreat from the hustle and bustle of city life, inviting contemplation, reverence, and a deeper connection to Laos' spiritual heritage.

Originally built in the 16th century by King Setthathirath, Wat Ong Teu, also known as the Temple of the Heavy Buddha, holds a special place in Laotian history. Its name derives from the large bronze Buddha statue housed within its main sanctuary, which is said to have required immense effort to transport and install, hence the moniker "Heavy Buddha."



PLACES TO VISIT IN LAO PDR



01.

LUANG PRABANG



This UNESCO World Heritage-listed city is renowned for its well-preserved architecture, serene Buddhist temples, and vibrant night markets. Visitors can explore the Royal Palace Museum, hike to Kuang Si Falls, or participate in a traditional alms-giving ceremony.

02.

VANG VIENG

Nestled amidst stunning limestone karst landscapes and winding rivers, Vang Vieng offers opportunities for outdoor adventures such as tubing, rock climbing, and cave exploration. Don't miss the breathtaking views from Pha Poak and Pha Ngern viewpoints.



03.

VIENTIANE



As the capital city of Laos, Vientiane is a blend of French colonial architecture, Buddhist temples, and bustling markets. Highlights include the majestic Pha That Luang stupa, the serene Wat Si Saket, and the vibrant atmosphere of the Night Market.



04.

PLAIN OF JARS



Located in Xieng Khouang Province, the Plain of Jars is a mysterious archaeological site dotted with thousands of ancient stone jars. These megalithic jars, believed to be over 2,000 years old, remain shrouded in mystery and intrigue.

05.

BOLAVEN PLATEAU

Situated in southern Laos, the Bolaven Plateau is renowned for its lush coffee plantations, picturesque waterfalls, and ethnic minority villages. Visitors can trek through verdant forests, visit Tad Fane and Tad Yuang waterfalls, and sample local coffee.



06.

WAT PHOU



This UNESCO World Heritage Site, located near Champasak, is a breathtaking Khmer temple complex dating back to the 5th century. Set against the backdrop of Mount Phou Kao, Wat Phou is an architectural masterpiece steeped in history and spirituality.

HOUAPHANH, VIENGXAY DISTRICT

Nestled amidst the rugged landscapes of Houaphanh Province, Viengxay District beckons travelers with its rich history, breathtaking scenery, and cultural heritage. Renowned for its role during the Second Indochina War, Viengxay is now a tranquil haven where visitors can immerse themselves in the region's past while enjoying its natural beauty.

During the war, Viengxay served as a strategic stronghold and shelter for the Pathet Lao leadership and civilians. The district's limestone caves provided refuge, housing schools, hospitals, and government offices, earning it the nickname "Cave City." Today, visitors can explore these historic caves, witnessing firsthand the remarkable resilience of the Lao people and the legacy of their struggle for independence.

4000 ISLANDS (SI PHAN DON)



Set within the Mekong River in southern Laos, the 4000 Islands are a tranquil oasis of scenic beauty and laid-back charm. Visitors can relax in hammocks, go kayaking or cycling, and spot rare Irrawaddy dolphins in the river.



MUEANG FEUANG

Mueang Feuang is a city that teems with stunning scenery and laid back charm, as popular with Lao people as it is with visitors, and a trip to Mueang Feuang simply has to include a stay on a traditional houseboat. Guests will be enchanted by the natural atmosphere and local way of life that has stayed unspoilt and unchanged for generations. Guests can enjoy paddling around the calm, clear waters on natural rafts, perhaps stopping to offer alms to monks along the waterfront. The living quarters are spacious, clean, comfortable, and come with a beautiful view, not to mention a full set of kitchen utensils for guests to cook their own food. For people who want to kick back, chill out and forget about the world for a while, this is simply perfect.

NONG KHIAW



Tucked away in northern Laos, Nong Khiaw is a picturesque riverside town surrounded by towering limestone cliffs and lush forests. Visitors can hike to stunning viewpoints, explore local caves, or take a boat trip along the Nam Ou River.



PHONGSALI

Located in the remote northern region of Laos, Phongsali is known for its pristine landscapes, diverse ethnic cultures, and challenging trekking trails. Visitors can embark on multi-day treks to remote hill tribe villages, immersing themselves in traditional customs and lifestyles.

IMPORTANT CONTACTS



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Hospital: 1199
Ambulance: 1623 | 1628



Police: 1192
Fire: 1190

Taxi Apps



Loca



Xanh SM LAO



[KokKok](#)



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